



## DISCOVER THE CHARM OF THE VINEYARD: *WINE TASTING AND FARM-TO-TABLE CUISINE IN AN EXCLUSIVE ITALIAN VINEYARD EXPERIENCE*

*“A holiday dedicated to wine, relaxation, and nature. A rejuvenating escape immersed in the natural beauty of one of Italy's most renowned wine-producing regions.*

*You'll immerse yourself in an exclusive experience celebrating wine, local farm-to-table cuisine, relaxation, and nature. You'll have the opportunity to explore the picturesque vineyards and ancient cellars of the volcanic territory of Roccamonfina.*

*Surrounded by the greenery of the vineyards you'll indulge in tasting the exquisite local wines and actively participate in the production process: from grape harvesting to wine bottling.*

*This experience won't just be a delight for the palate but also a refuge to rejuvenate the mind and body. Amidst breathtaking landscapes, you can treat yourself to a charming thermal spa, where rejuvenating treatments and revitalizing massages will lead you to a state of total well-being.*

*Away from the hustle and bustle of daily life, this adventure offers you the opportunity to reconnect with nature and the land, appreciating its vitality and beauty in every detail.*

*Whether you're a wine enthusiast, a nature lover, or simply seeking relaxation, this holiday among the vineyards promises to be memorable. You'll enjoy a perfect blend of culinary pleasure, wellness, and immersion in nature, encompassing a unique and unforgettable journey.”*



## Day 1: Napoli - Country House Le Vigne



Arrival at **Napoli** Capodichino Airport, where you will be greeted by the transport service of Scenario Italia and transferred by minibus for our one hour journey to Country House Le Vigne.

After check-in, there will be a welcome dinner accompanied by a tasting of local wines, so you can immediately immerse yourself in the welcoming atmosphere of the Campania Region. All of the food prepared at La Vigna is grown on our property or our neighbor's farm and is fresh and organic.



*Surrounded by the Aurunci mountains and Mount Camicia, the old farmhouse dates back to the early 20th century. It houses the "agriturismo" La Vigna and offers panoramic view of the vineyards and lush vegetation that stretches to the horizon. This makes for an enchanting setting that transforms the place into an atmosphere of peace and beauty.*





## Day 2: Reggia di Caserta - Caserta Vecchia



After breakfast, we are ready to depart for Caserta and visit the *Royal Palace* of **Caserta**. We immerse ourselves in the history and opulence of this 18th-century Baroque masterpiece, commissioned by King Charles III of Bourbon. We will explore the sumptuous rooms, from the splendor of the Throne Room to the elegance of the Alessandro Gallery, filled with works of art and antique furniture.

The Gardens of the Royal Palace welcome us with their magnificence; sparkling fountains, shady walk ways, and statues from mythology. We will also explore the picturesque English Gardens, a landscaping masterpiece with lakes, hidden waterfalls, and a variety of exotic plants.



The Old Restaurant Mastrangelo, located in the picturesque "Convent of Minimi," is renowned for its authentic Campanian cuisine and rustic atmosphere. It is mentioned in many prestigious guides and offers a unique gastronomic experience.

Here we will sample delicious local recipes, presented with refinement and simplicity

Our tour continues to **Caserta Vecchia**, a charming medieval village nestled among the Campanian hills. We travel back in time through its cobblestone streets, strolling among ancient palaces and historic churches that tell stories of nobles and pilgrims. The *Cathedral of San Michele Arcangelo* awaits us, an example of sacred architecture that bears witness to centuries of faith and devotion.

After lunch in a local restaurant, we'll conclude our adventure with a stroll through the artisan shops of the village, featuring unique souvenirs and local delicacies, from olive oil to ceramic craftsmanship.

We return to the country house for a dinner and a tasting of local wines.



### Day 3: Grape Harvest at Country House Le Vigne

We begin the day at our cozy La Vigna, ready to embark on our grape harvesting experience in the surrounding vineyards.

After breakfast, we set out into the estate to begin the **grape picking**. Armed with shears, we wander through the rows and carefully gather the ripe clusters.

Following the harvest, we take a break to enjoy some snacks served directly from an “Ape Car”, an iconic Italian work car, roaming through the vines. These local delights will be paired with our estate wines.

After our break, we’ll participate in **pressing the harvested grapes**, contributing directly to creation of the “**must**”, the freshly pressed grape juice.

After lunch, a guided tour of the farm's winery provides us with an in-depth perspective on the vinification process. We will also learn about the history of the wine production process. We will discuss the process of **fermentation**, where yeast transforms sugars into alcohol, giving life to the wines that will characterize this harvest.

The rest of the afternoon is free for trekking or a Pilates class.





#### **Day 4: Suio - Vescine Thermal Complex**



Following breakfast, we will begin our excursion to the **Vescine Thermal Complex**, nestled on a lush hillside in Suio Terme.

The two outdoor pools are a masterpiece of aesthetic and functional architecture.

Thanks to the mineral content of its hyperthermal sulphurous waters, mud therapy in particular can offer muscle toning and improvement of skin imperfections. The explosion of mineral salts generated by the thermal water produces an implosion of these salts into the body, with many beneficial results.



The complex offers another excellent opportunity for a Pilates session.

We return to the country house for a tasty dinner accompanied by more of our exquisite wines.



## Day 5: Gaeta, Sperlonga

After a delightful breakfast, we head towards the first stop of today's adventures: **Gaeta**, a town overlooking the Tyrrhenian Sea.

Split Mountain, a place rich in history and spirituality, offers a breathtaking panoramic view. Inside, we visit the Sanctuary of the Holy Trinity, built in the 11th century, a place of prayer for popes, sovereigns, and saints. The Grotto of the Turk has connections to religious traditions and stories of Saracen pirates.

Strolling through the narrow cobblestone streets of Gaeta's historic center, we will stop at one of the local trattorias to lunch on local specialties, such as tiella di Gaeta or fresh seafood.

We then continue on to one of the regions +best kept secrets; **Sperlonga**, a picturesque coastal town famous for its white sandy beaches and crystal-clear waters. We'll organize a Pilates session facing the sea, taking advantage of the tranquility of the place to relax and connect with the natural beauty of the coast.

We return to La Vigna for another farm-to-table dinner.



## Day 6: Roccamonfina

After a refreshing Pilates session in our garden and a nourishing breakfast, we prepare ourselves for an guided excursion to the Roccamonfina Volcano. A protected regional park, we'll explore the scenic trails and discover the unique geological history of the region.

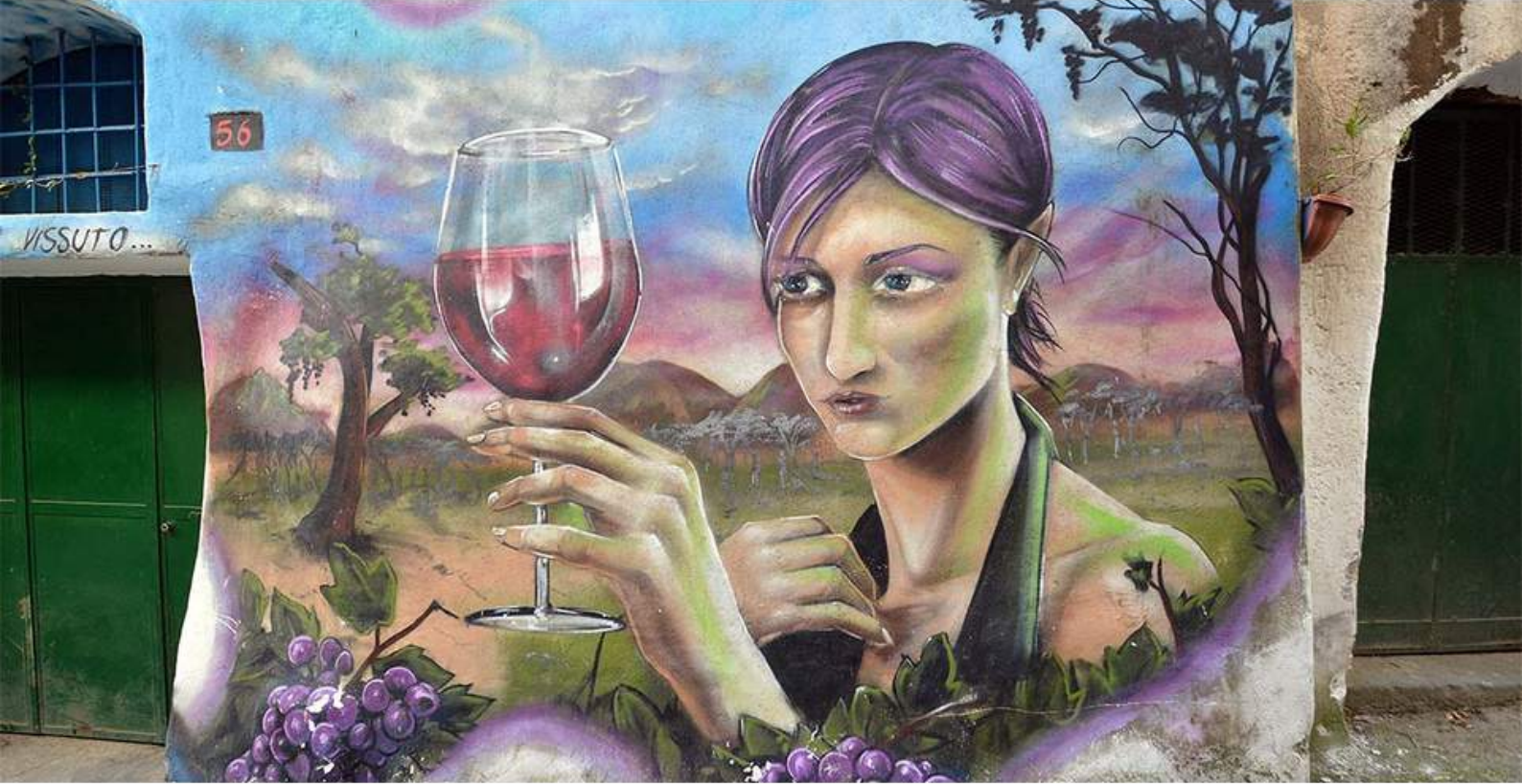
A short distance away, we will visit the picturesque Sanctuary of Madonna dei Lattani, nestled inside an ancient volcano crater, the sanctuary contains centuries-old frescoes and precious, sacred works of art.

We have lunch at the convent, guests of the friars, where we savor traditional dishes of local cuisine, prepared with seasonal ingredients.

We continue our journey by exploring the charming ancient village of Roccamonfina, with its picturesque cobblestone streets and town squares. The history of Roccamonfina spans the Roman period through the medieval era.

We participate in the famous **Chestnut Festival of Roccamonfina**, in its 46<sup>th</sup> edition. This popular event opens the autumn season to the discovery of the flavors and colors of the Campania region. The festival is an opportunity to experiencing the local culture and traditions, with music, dances, and tastings of chestnuts and typical products.





## Day 7 : Valogno Art Village

After breakfast, a magical day awaits us in Valogno, an enchanted village transformed into an open-air art gallery.

Upon arrival in **Valogno**, we are immediately greeted by the colorful facade of the church dedicated to San Michele and the splendid murals that adorn the streets of the village.

As we stroll through the narrow streets, we admire the works of art decorating the facades of the houses and the stories painted on the walls, with images of elves, fairies, and ships that populate Valogno's imagination.

We will stop at the "Thought Workshop," a suggestive setup where it seems like we are suspended in time, surrounded by an enchanted forest painted on the walls.

We then enjoy a light lunch, savoring the local cuisine.

We return to the country house for a pleasant Pilates session on the veranda.

The rest of the afternoon is dedicated to relaxation.

Tonight will be our farewell dinner.







## Day 8: Return Journey

Breakfast and check-out.

Transfer from the country house to Naples Capodichino Airport, assistance with boarding procedures, and departure.

